



Local fresh bread served with an olive oil & balsamic vinegar dip £3.95  
Marinated mixed olives £4.50

## STARTERS

**HOMEMADE SOUP OF THE DAY - £6.95**  
Served with crusty bread and butter  
- *GF on request*

**GARLIC BUTTER KING PRAWNS - £8.95**  
On ciabatta bread

**SPICY CORN FRITTERS - £7.95**  
With a mint mayo dip (Ve,V,GF)

**BREADED WHITEBAIT - £7.95**  
With brown bread and tartare sauce

**CLASSIC PRAWN COCKTAIL - £9.95**  
Succulent prawns bound in Marie Rose sauce with  
salad & slices of wholemeal bread  
- *GF on request*

**BRIE WEDGES - £7.95**  
With cranberry sauce and rocket garnish (v)

## MAINS

**GRILLED GAMMON STEAK - £17.95**  
Topped with fresh pineapple, fried egg, chips, onion rings,  
tomato & mushroom.  
- *GF on request*

**8OZ SIRLOIN STEAK - £21.95**  
Served with homemade chips, tomato, mushroom & onion  
rings.  
- *GF on request*

**HOMEMADE BURGER - £14.95**  
**Choose either: 6oz Beef or Vegan Sweet potato (ve)**  
Topped with gherkin, tomato & lettuce, served with salad &  
skinny chips.  
- *GF on request*  
~ add cheese and/or bacon only £1 each~

**LAMBS LIVER & BACON - £14.95**  
Served with mashed potato, seasonal vegetables & onion  
gravy. **GF**

**HOMEMADE PIE OF THE DAY - £16.95**  
Served with creamy mashed potatoes, seasonal vegetables &  
gravy

**STEAK & KIDNEY PUDDING - £16.95**  
Served with mashed potato, vegetables & gravy

**THICK CUT SMOKED HAM - £10.95**  
From the local butchers, served with 2 fried eggs and chips. **GF**

**SLICED CHICKEN BREAST - £15.95**  
Chicken breast in a white cream, garlic and white wine sauce  
with wilted spinach on a bed of penne pasta and topped with  
parmesan shaving

**BREADED WHOLETAIL SCAMPI - £15.95**  
Served with chips, peas &  
our homemade tartare sauce.

**BEER BATTERED FISH & CHIPS - £15.95**  
**or Vegan Banana Blossom (ve)**  
Served with chips, peas & homemade tartare sauce.  
- *GF on request*

**TRIO OF FISH - £17.95 (GF)**  
Salmon, seabass, plaice fillet with basil and tomato filling,  
duchess potatoes, roasted vine tomatoes and a white wine  
sauce

**HOMEMADE VEGETABLE LASAGNE -£13.95 (V & VE)**  
Served with Salad & Garlic Bread

**HOMEMADE BEEF LASAGNE - £14.95**  
Topped with creamy Béchamel sauce, served with a side salad  
& homemade garlic bread

**BRAISED BEEF IN A CRANBERRY AND RED WINE SAUCE -  
£15.95 (GF)**  
With horseradish mashed potato, honey glazed carrots and  
parsnips

**CHINESE STYLE PORK - £13.95**  
With stir fry vegetables and noodles

**GRILLED SALMON - £16.95 (GF)**  
With buttered new potatoes, tenderstem broccoli and  
homemade dill sauce

**BATTERED HALLOUMI - £12.95 (V) (GF)**  
With Skinny Fries, Salad & Chilli Sauce

## JACKET POTATOES

(Served Monday to Saturday 12pm - 5pm)

CHEESE (V)	£6.95
PRAWN	£9.95
TUNA	£7.95
CHICKEN + BACON MAYO	£8.95
CHEESE & BEANS (V)	£7.50

ALL SERVED WITH A SIDE SALAD & COLESLAW

## SIDES

Onion rings	£3.50
Chips	£2.95
Cheesy Chips	£3.95
Side Salad	£3.25
Coleslaw	£2.25
Garlic Bread	£2.75
Cheesy Garlic Bread	£3.25

## OMELETTES

(Served Monday to Saturday 12pm - 5pm)

Ham	£10.95
Cheese	£10.95
Tomato	£10.95
Mushroom	£10.95

Add Extra Ham, Cheese, Tomato, Red Onion or Mushroom  
for just £1

All served with homemade chips & salad

## LUNCH MENU

(Served Monday to Saturday 12pm - 5pm)

### TANDOORI CHICKEN – £9.95

Marinated chicken in a pitta bread with lettuce and cucumber, served with mango chutney, skinny fries and salad

### PROCTORS SUFFOLK PRIDE SAUSAGE - £9.95

With homemade red onion chutney, served in a baguette or sandwich, with skinny fries and salad

### THE ULTIMATE FISH FINGER SANDWICH - £9.95

Served with skinny fries, salad & homemade tartar sauce

### TOASTED BLT - £9.95

Sandwich served with skinny fries & salad

### TUNA MAYONNAISE - £8.50

In either a baguette or sandwich  
Served with skinny fries & salad

### BREADED CHICKEN & SWEET CHILLI WRAP - £8.95

Served with skinny fries & salad

### TOMATO, MOZZERELLA AND PESTO - £9.95

On an open ciabatta roll with skinny fries & salad (Ve available)

### CHICKEN, BACON & CHIVE IN MAYONAISE - £9.95

In a baguette or sandwich, served with skinny fries and salad

### HAM AND CHEESE PLOUGHMANS - £9.95

Ham, cheddar cheese, sausage roll, pickles, apple chutney and salad

**\*Make sure to check out our special's boards for more home-cooked dishes!**

**Ask our staff to check out the dessert board!**

\*\*Please make our staff aware of any allergies or dietary requirements you may have. We work in a multi-kitchen environment where menu items may come into contact with nuts, dairy, gluten etc.